



Charles Sturt  
University

S.T.A.R.  
method  
interview  
prep

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Provider Identification: PRV12018 (Australian  
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S - Situation Where were you? What were the circumstances ?	T - Task What were you expected to do? What was your role?	A - Action What did you actually do? You specifically, not your team.	R - Result What did you achieve? What did you learn?

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